



**Implementing PNA –
Group supervision via MS Teams:
Challenges and Mindset**

Be Baxter-Heyes

COVID

Vicarious Trauma

MORAL INJURY

BURNOUT

Survival

INNER CRITIC
NEGATIVE THOUGHTS

COMPASSION FATIGUE

MENTAL HEALTH

THIRST FOR WATER

BARREN DESERT

Peer Support

evaluation

STAFF SUPPORT

Triage -> WHO WILL BENEFIT MOST?

Support from psychologists

FLEXIBILITY

GROUP AGREEMENT

EVERY VOICE MATTERS

RESILIENCE

INCREASED CONFIDENCE

BARRIERS

Virtual meetings

Still psychologically safe

POSITIVES

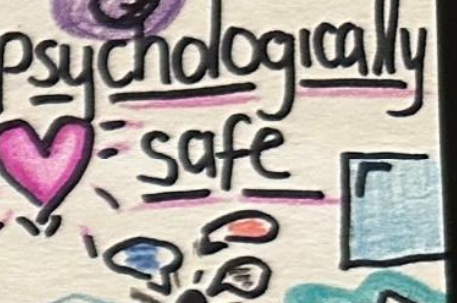
LESS ANXIETY

UNSEEN PROMPTS

IN A PLACE OF COMFORT

MORE RELAXED

Growth mindset



Shannon Farrell