

NICU Bitesize Orientation Programme

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St George's Hospital NHS trust



11-12 September 2023: Nottingham NTU

Purpose

A quality improvement project developed in response to a gap in neurological knowledge

To improve patient care in the Neuro ICU

To enable learning in a way that takes into consideration the mental health of the staff

Aims

Developed in line with the GPICS recommendation to provide online clinical resources

Facilitate the completion of the Neuro Specific CC3N Competencies

improve the confidence and competence of junior staff

improve morale for all NICU staff and retention

Improve the quality of care and embed best practice

Methodology

Eight 30-minute presentations
Accessible
Online, face-to-face and recorded



Scan for sessions

15-minute presentation

- 15 minutes is the amount of time a human mind can focus
- Concentrated amount of information
- Improve knowledge retention

15-minute case study

- Situational learning
- Constructivism
- Problem-based learning
- Online tools to maximise participation

Sessions designed to be inclusive and reduce visual distress

- Specifically designed colour scheme to reduce visual distress
- Uncluttered slides
- Information released on to each slide gradually

The face-to-face neuro-specific FCCN study day

Games

- Gamification helps to increase knowledge retention
- Builds a community of practice
- Engaging

Each learner delivers a 10-minute presentation

- Empowering
- Builds a Community of practice
- Gives skills needed for progression
- Increases self confidence and belief

Workshops

- Practical skills
- Situational learning
- Team building

30 questions based on bitesize presentations

- Promote self-learning
- Informal
- Empowering

EVD Workshop

- Practical Skills
- Situation Learning

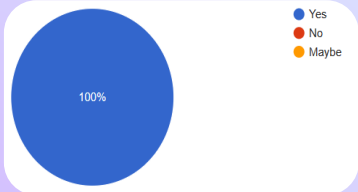
Guest Speaker

- Relation to practice

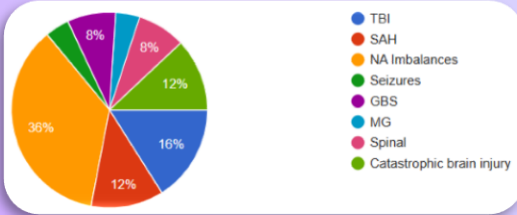
Results

- 25 Staff have completed the programme so far.
- Results were collected using Google forms

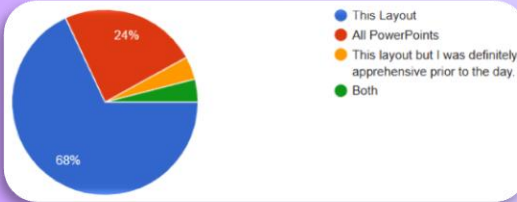
Has your confidence increased from completing to programme?



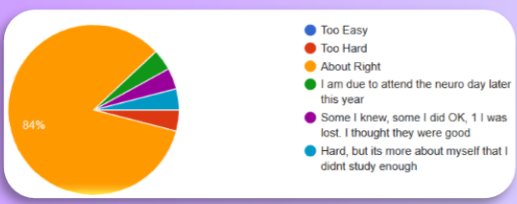
Which bitesize session was your favourite?



For the Face-to-Face Study day do you prefer this layout?



How did you find the quiz?



Average test score of 86% demonstrated a high retention of knowledge

Conclusion

The programme has led to an improvement in knowledge which in turn has improved patient care.

The clinical staff were supportive ensuring that the new staff were able to attend the sessions

The morale of staff was improved as a result of the programme and the support it offers

The Programme is embedded as part of our orientation

Development

To ensure this programme becomes multidisciplinary

adapt the programme to ensure it encompasses current evidence-based practice

To share the programme with other units/trusts

Acknowledgements

Thank you to the NICU staff and all the hard work they do everyday

Thank you to the nurses who have participated in the program and given feedback to enable it to develop

Questions

Start your x post with: @Emmapriest71169 or

Please send me your question via email: emma.priestley@stgeorges.nhs.uk