

Community of Practice- A space to share knowledge, tips and advice around: Rehabilitation in Critical Care

Maddy Varley-Hearn (she/her) and Katie Blackwood (she/her)

University Hospitals Plymouth NHS Trust



Handles

X: @VarleyHearn

LinkedIn: Maddy Varley-Hearn LinkedIn: Katie Blackwood

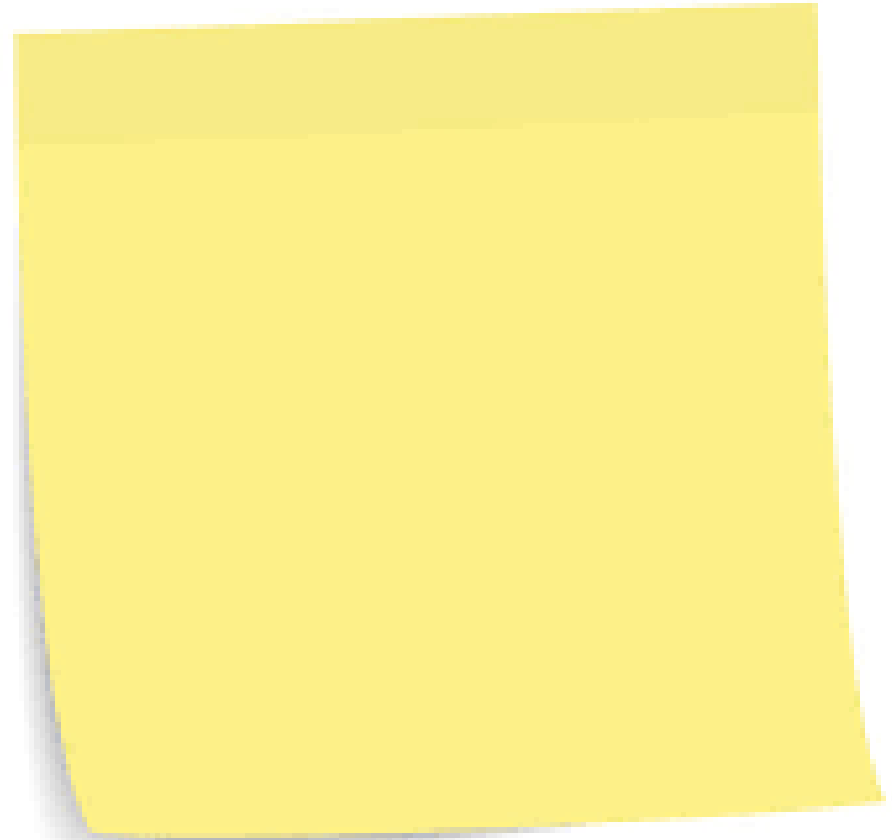
Task 1

- ▶ Find a group of people you don't know
- ▶ Take a selfie
- ▶ Don't forget to post to social media using the hashtags:
 - #THRIVEtime
 - #BACCNConf2024



Task 2

- ▶ Take a post-it note and pass them on
- ▶ On your post-it note write a rehab experience you have had
- ▶ Place it under the heading it relates to the most



Discussion time: THRIVE

Teamworking

Humanisation

Reablement

Influence

Vision

Education and Empowerment





Thank you for attending