

BACCN Conference Report 2024

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Attending BACCN opened a world of opportunities for me and included networking, seminars, career opportunities and further education of current research and developments. I will be back!!

I attended several seminars learning about topics such as: the Professional Nurse Advocate role, ECMO simulation, the impact on family members post-ICU discharge by Francesca Trotta and how tailoring to family-Centred care creates room for positive outcomes, promotes healing and recovering for interventions. I learnt from Sarah Vollam that of 250 patients who died post ICU, 20 could have been avoidable. I learned of a new product by a staff member from Maidstone and Tunbridge Wells. Biozoon air is made from Maltodextrin and Soy lecithin, which emulsifies the chosen liquid and creates foam bubbles with less aspiration risk. This which can be added to many liquids and is designed for awake NBM patients that meet the inclusion criteria. Though, note that a metal spoon affects the taste so plastic. I learned from Aidin McKinney that with guidance, patients/relatives can identify acute deterioration. By acknowledging patients and relatives, listening, recognising that they know the patient best and assuring the patient and relatives that they can ask for help anytime; we can educate patients and relatives on acute deterioration signs.

Ultimately, I was reminded that nurses are stronger together.

Kind Regards,

A final year nursing student, Ellie.