

BACCN Conference 2024 Grant Report

Jane Roe

Thank You for the Study Grant to attend the 39th Annual BACCN Conference on 7 & 8th October 2024 in Aberdeen. So many of the sessions were informative, enjoyable, motivational and refreshing.

The session which kept me thinking was **C03: Talking Therapy for PTSD post ICU** by Andrew Bates on Monday 7th October 2024. I had not considered the difference in PTSD for ICU patients and found the concept of 'ICU Brain' along with the preliminary evidence of EMDR therapy for this patient group really interesting. For me this was the most impactful session but it is difficult to choose.

Other highlights were every keynote sessions, those in the research stream, LINET session (W02) on Early Mobilisation and Edible Foam (C14) (Biozoom) by Lorraine Moxom. Plus winning socks in

